

CHIVA-SOM



CLOCKWISE FROM ABOVE, VIEW OVER THE MAIN POOL AND TASTE OF SIAM RESTAURANT. CHIVA-SOM'S BANYAN TREE. ONE OF THE NEW OCEAN ROOMS BY DESIGNER ED TUTTLE. RUNNING ON THE BEACH



This hideaway is truly unique and has real wow factor. Situated in the seaside region of Hua Hin on the Gulf of Thailand, Chiva-Som radiates wellness – perfectly balancing heavy-duty health overhauls with snooze-inducing relaxation. Unparalleled Asian hospitality is combined with cutting-edge diagnostic techniques and state-of-the-art technology. A choice of 13 results-driven programmes cover everything from indulgent pampering to physiotherapy through to fitness and detox, all served up in beautiful surroundings. Fresh for 2016 is a selection of new retreats addressing specific health issues such as high blood pressure, stress and migraines. World-class amenities include a holistic wellness centre, spa and water-therapy suites, physiotherapy facilities, yoga pavilions and dance studios. The chef team makes healthy fare taste sinfully good – many regulars visit for the food alone! And if you fancy a bit of non-invasive cosmetic enhancement? That's possible here too thanks to a dedicated

aesthetic medicine centre. There are brand-spanking new Ocean Rooms, large and lavishly decorated in shades of gold and ivory. At Chiva-Som you'll foster healthy habits for life.

TO BOOK YOUR TRIP

Healing Holidays can arrange a seven-night stay at Chiva-Som from £2,799 per person sharing. This includes flights, transfers, accommodation in an Ocean Room, three spa meals per day, an initial wellness consultation, daily spa treatment, complimentary fitness and activity classes, use of the water-therapy suites and a spa credit of approximately £400 per person.

TATLER OFFER: Complimentary VIP fast track on arrival at BKK International Airport, valid for bookings from March 2016 to 19 Dec 2016. Quote 'Tatler 2016'.

Healing Holidays 020 7529 8551
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