

The 13 best holidays in Italy for autumn

Quarantine has been dropped for British visitors and now is the perfect time to visit

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Great Garda views

From the Lefay Resort & Spa, stacked up the cliffside above Garda's most exclusive stretch, you get sweeping views of almost the entire lake — best seen from the manicured gardens, with their terraces of olive trees (the produce of which are served in the restaurant). There's a range of outings, including boat trips and visits to lemon groves, although dragging yourself away from the vast spa could be difficult. Treatments fuse traditional Chinese and western medicine, while the infinity pool sits wedged in the cliffside, overlooking the lake.

Details Three nights' full board from £1,359pp, including flights, transfers and some spa treatments ([healingholidays.com](https://www.healingholidays.com))