## SPA-HOTEL JAGDHOF, AUSTRIA

Fresh air, a gushing river you can hear from your bedroom and the majestic Stubai Alps in the distance. This family-run hotel is just 20 minutes from Innsbruck, so is incredibly easy to get to. It's been in the Pfurtscheller family for two generations and they are enthusiastic, hands-on hosts, personally leading hikes up into the mountains. There are short routes for little legs and longer routes for the adventurous, and a gloriously rustic Tyrolean hut along the way where barbecue lunches are served. If you haven't brought the right walking shoes, they will dig out exactly what you need from their own collection. Stubai Glacier, reached by cable car, is also a fun jaunt: you can ski until June, which is rare in Europe.

The adorable children's club in the garden is centred around a typical Alpine chalet (baskets of hanging geraniums) and has English-speaking staff, a Wendy house, seesaw and trampoline, and for older kids there are basketball courts and table-tennis. There's also an indoor and outdoor pool with electric doors dividing the two (how many times can a three-year-old push that magic button?). The restaurant opens promptly at 7pm: sit under the still-high sun on a large terrace with views straight out of *The Sound of Music*. Pudding is the high point: a ridiculously large feast with mini pots of crème brûlée and mousse, as well as an over-spilling chocolate fountain that will cause ripples of excitement. INSIDER TIP Book the private treatment suite in the spa wing, which has its own sauna, steam rooms, hot tub and massage beds. And get a babysitter so you can enjoy the benefits. JOURNEY TIME A two-hour flight, then a 20-minute drive TIME DIFFERENCE +1 hour BOOK IT Healing Holidays (+44 20 7843 3592; healingholidays.co.uk/condenast) offers seven nights for two adults and one child from £2,889 half board, including flights and transfers.

