

Anantara Peace Haven Tangalle

WEDNESDAY 9 JANUARY 2019

Every day at sunset, there is an almighty racket. Peacocks, kingfishers and bright-blue whistling thrushes all vie to have the last word. So memorable is this twilight cacophony that one wonders if Peace Haven is a misnomer. However, by day, tranquillity prevails. Electric tuk-tuks silently shuttle guests to and fro. Staff in smart uniforms bring breakfast, tidy your plunge pool and trim hedges noiselessly (almost).

Even the crashing of the Indian Ocean seems discreet. For such a large resort, this place is so private and magical you'll be tempted to hole up in your villa and order room service. But all four restaurants are standout, and particularly fabulous is Il Mare – cliff-side fine Italian – lauded as much for its Australian 150-day aged Black Angus tenderloin as for the views over 8,000 miles of emerald ocean. There's also yoga at dawn, surf lessons or the chance to join the turtle-watch patrol, and if you prefer to be pampered, Ayurvedic treatments in the spa promise to restore your balance in the best way possible.