



Schloss Elmau

BAVARIA, GERMANY

It's the magical combination of nature, nurture and culture that makes Schloss Elmau such a hit. It has two huge spas (one in the original hotel and a box-fresh new one at the adjacent Retreat), one of the biggest hammams outside Istanbul and so many pools that you will lose count (warm, cool, freshwater, salt, outside, kids, no kids), all done with immaculate German taste, and located in a landscape of mountains, woods and lakes that would have had the Romantic poets reaching for their quills. And should they have been taken by the urge to write, they would probably have ended up in the silent library or, if they were procrastinating, the book shop, which is the largest in any hotel in the world. Then have an Ananné facial (a new, natural yet super hi-tech Swiss skincare range), stroll up the Alpine pastures to the Alm mountain hut for sausage and beer (or opt for a quinoa-based lunch in the spa, if you are feeling that way inclined), and spend the evening listening to world-class musicians. You will be feeling absurdly relaxed within hours of arriving. And after five days?

Like a new person – inside and out. **HEADS UP** The pedicure is a thing of wonder: feet up in stirrups, 60-minute of furious scrubbing and polishing, and you leave with feet as soft as a kitten's. **BOOK IT** Healing Holidays (healingholidays.co.uk/tatlerspa; 020 7529 8551) offers three nights, from £895, including fitness classes, use of the spa, flights and transfers. **TATLER EXCLUSIVE!** For the most up-to-date offers at Schloss Elmau, visit tatler.com/spaoffers.