

SATURDAY

Ore 8:00 -9:30 / 8:00 -9:30 am

HAPPINESS FLOW: IYENGAR YOGA 90' *

Reservation required, 50€ per person, max. 5 people

* DOVE: Vair spa / *WHERE: Vair spa.*

Ore 11:30-12:00 / 11:30 am-12:00 pm

HAPPINESS WORKSHOP: THE CULTURE OF AROMAS 30' *

Reservation required, free of charge, max. 5 people

* DOVE: Vair spa / *WHERE: Vair spa.*

SUNDAY

Ore 9:00 - 10:00 / 9:00 - 10:00 am

HAPPINESS FIT: U FLUSS 60' *

Reservation required, free of charge, max. 10 people

*DOVE: Vair spa / *WHERE: Vair spa*

Ore 17:00-18:00 / 5:00-6:00 pm

HAPPINESS FUN: WINE @5 60' *

Reservation required, 75€ per person, max. 10 people

*DOVE: Vair spa / *WHERE: Vair spa*

MONDAY

Ore 10:00 -11:00 / 10:00 -11:00 am

HAPPINESS FIT: LONGEVITY WALK 60' *

Reservation required, free of charge, max. 10 people

* DOVE : Vair spa / *WHERE : Vair spa*

Ore 17:00 - 18:00 / 5:00 - 6:00 pm

HAPPINESS FIT: U FLUSS 60' *

Reservation required, free of charge, max. 10 people

*DOVE: Vair spa / WHERE: Vair spa

TUESDAY

Ore 12:00 -13:00 / 12:00 -1:00 pm

HAPPINESS WORKSHOP: THE ART OF BEAUTY 30' *

Reservation required, free of charge, max. 5 people

*DOVE : Vair spa / WHERE : Vair spa.

WEDNESDAY

Ore 10:00 -11:00 / 10:00 -11:00 am

HAPPINESS FIT: LONGEVITY WALK 60' *

Reservation required, free of charge, max. 10 people

DOVE : Vair spa / WHERE : Vair spa

Ore 16:00 -17:00 / 4:00 - 5:00 pm

HAPPINESS FIT: STINNT 60' *

Reservation required, free of charge, max. 10 people

*DOVE : Vair spa / WHERE : Vair spa.

THURSDAY

Ore 10:00 -11:00 / 10:00 -11:00 am

HAPPINESS FIT: U FLUSS 60' *

Reservation required, free of charge, max. 10 people

*DOVE: Vair spa / WHERE: Vair spa

FRIDAY

Ore 10:00 -11:00 / 10:00 -11:00 am

HAPPINESS FIT: STINNT 60' *

Reservation required, free of charge, max. 10 people

*DOVE : Vair spa / WHERE : Vair spa.

Ore 11:00-11:30 / 11:00 am-11:30 pm

**HAPPINESS WORKSHOP: THE CULTURE OF AROMAS
30' ***

Reservation required, free of charge, max. 5 people

*DOVE: Vair spa / WHERE: Vair spa.

Ore 17:00 – 18:00 / 5:00 - 6:00 pm

HAPPINESS FIT: BORGO JOGGING 60' *

Reservation required, free of charge, max. 10 people

DOVE : Vair spa / WHERE : Vair spa.