

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1 08.30 – 09.00 YOGA Max 4 people + 17.00 – 18.00 ACQUAGYM Max 5 people	2 09.00 – 10.00 QI GONG Max 4 people + 17.30 – 18.00 YOGA Max 4 people	3 08.30 – 09.30 NORDIC WALKING Max 6 people + 17.00 – 18.00 ACQUAGYM Max 5 people	4 08.30 – 09.30 NORDIC WALKING Max 6 people + 17.00 – 18.00 ACQUAGYM Max 5 people
5 09.00 – 10.00 QI GONG Max 4 people + 17.00 – 18.00 ACQUAGYM Max 5 people	6 09.00 – 10.00 NORDIC WALKING Max 6 people + 17.30 – 18.00 YOGA Max 4 people	7 09.00 – 10.00 QI GONG Max 4 people + 17.30 – 18.00 YOGA Max 4 people	8 08.30 – 09.00 YOGA Max 4 people + 17.00 – 18.00 ACQUAGYM Max 5 people	9 09.00 – 10.00 QI GONG Max 4 people + 17.00 – 18.00 ACQUAGYM Max 5 people	10 08.30 – 09.30 NORDIC WALKING Max 6 people + 17.00 – 18.00 ACQUAGYM Max 5 people	11 08.30 – 09.30 NORDIC WALKING Max 6 people + 17.00 – 18.00 ACQUAGYM Max 5 people
12 09.00 – 10.00 NORDIC WALKING Max 6 people + 17.00 – 18.00 QI GONG Max 4 people	13 09.00 – 10.00 NORDIC WALKING Max 6 people + 17.30 – 18.00 YOGA Max 4 people	14 09.00 – 10.00 QI GONG Max 4 people + 17.00 – 18.00 ACQUAGYM Max 5 people	15 09.00 – 10.00 NORDIC WALKING Max 6 people + 17.30 – 18.00 YOGA Max 4 people	16 08.30 – 09.30 NORDIC WALKING Max 6 people + 17.00 – 18.00 ACQUAGYM Max 5 people	17 09.00 – 10.00 QI GONG Max 4 people + 17.00 – 18.00 ACQUAGYM Max 5 people	18 08.30 – 09.00 YOGA Max 4 people + 17.00 – 18.00 ACQUAGYM Max 5 people
19 09.00 – 10.00 NORDIC WALKING Max 6 people + 17.30 – 18.00 YOGA Max 4 people	20 09.00 – 10.00 QI GONG Max 4 people + 17.30 – 18.00 YOGA Max 4 people	21 09.00 – 10.00 NORDIC WALKING Max 6 people + 17.00 – 18.00 ACQUAGYM Max 5 people	22 08.30 – 09.00 YOGA Max 4 people + 17.00 – 18.00 ACQUAGYM Max 5 people	23 09.00 – 10.00 NORDIC WALKING Max 6 people + 17.30 – 18.00 YOGA Max 4 people	24 09.00 – 10.00 QI GONG Max 4 people + 17.00 – 18.00 ACQUAGYM Max 5 people	25 09.00 – 10.00 NORDIC WALKING Max 6 people + 17.30 – 18.00 YOGA Max 4 people
26 09.00 – 10.00 NORDIC WALKING Max 6 people + 17.30 – 18.00 YOGA Max 4 people	27 09.00 – 10.00 NORDIC WALKING Max 6 people + 17.00 – 18.00 QI GONG Max 4 people	28 09.00 – 10.00 QI GONG Max 4 people + 17.00 – 18.00 ACQUAGYM Max 5 people	29 08.30 – 09.00 YOGA Max 4 people + 17.00 – 18.00 ACQUAGYM Max 5 people	30 08.30 – 09.30 NORDIC WALKING Max 6 people + 17.00 – 18.00 ACQUAGYM Max 5 people	31 09.00 – 10.00 NORDIC WALKING Max 6 people + 17.30 – 18.00 YOGA Max 4 people	